

# Action Planner

Adapted from the Americans of Conscience Action Planner by Jen Hofmann

## 1. a. Choose your top 1-3 activism priorities:

Which issues matter most to you? Focusing on a few helps prevent overwhelm. Choose at least one issue that doesn't affect you personally to be a better ally.

1.	2.	3.
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## b. Choose activities you will do to support these issues (calls, postcards, marches, etc.)?

Postcards? Get a pile of postcards and a book or two of 34-cent stamps	<input type="checkbox"/>
Phone calls? Subscribe to Action Alerts	<input type="checkbox"/>
Marches? Subscribe to a Facebook group where you can be alerted of marches	<input type="checkbox"/>
Fundraising? ID an org and means by which you will fundraise:	<input type="checkbox"/>
Campaigning? ID upcoming elections and orgs/candidates you will sign up to volunteer with.	<input type="checkbox"/>
Unlearning Racism? Research and read! ID two social justice leaders who you will follow.	<input type="checkbox"/>

## 2. Go to <https://www.contactingcongress.org/> and write down your...

<b>Representative name:</b>  Local office phone:  DC office phone:  Mailing address:	<b>Senator 1 name:</b>  Local office phone:  DC office phone:  Mailing address:	<b>Senator 2 name:</b>  Local office phone:  DC office phone:  Mailing address:
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## 3. Get app-y. Install ResistBot app or Stance voicemail app. CHECK! ☐

## 4. Schedule time in your calendar to be active.

List out the times/places you can do your activities:
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## 5. Choose Yr News: ID 1-3 newsletters or groups you will follow to keep up with news without getting overwhelmed!

1.	2.	3.
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## 6. Get accountable! ID 1-2 accountability partner, someone you trust who will participate with you:

1.	2.	3.
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